



WKSF OPEN OCEANIA CUP 2025

AUSTRALIA MELBOURNE

29-30 MARCH



LONG CYCLE MALE - kettlebell weight 32,24kg (time limit 10' - 30')

N.	Surname - Name	Kettlebells	Team	weight athlete (kg)	weight category	Reps	Score	Ranking
10 minute		TALC 10' CATEGORY ELITE						
1	Ross James	32+32	Australia	87,6	95	68		1
2	Zdrojkowski Sebastian	32+32	Australia	94,2	95	24		2
		TALC 10' CATEGORY AMATEUR						
1	Hutchinson Daniel	24+24	Australia	97,3	95+	104		1
2	de Amicis Alessandro	24+24	Australia	90,5	95	80		2
3	Ganesh Govindasamy Jai	24+24	Australia	65,8	68	41		3
		OALC 10' CATEGORY AMATEUR						
1	Blackshaw Steven	24	Australia	119,2	87+	72		1
30 minute		OALC 30' CATEGORY AMATEUR						
1	Swann Steven	24	Australia	92,5	87+	303		1
2	Blackshaw Steven	24	Australia	119,2	87+	143		2

SNATCH MALE - kettlebell weight 24kg - (time limit 10',12' & 30')

N.	Surname - Name	Kettlebells	Team	weight athlete (kg)	weight category	Reps	Score	Ranking
10 minute		SNATCH 10' CATEGORY AMATEUR						
1	Zdrojkowski Sebastian	24	Australia	94,2	87+	195		1
		SNATCH 10' CATEGORY MASTER 50-59						
1	Kidd Miskad	24	Australia	80,7	87	92		1
12 minute		SNATCH 12' CATEGORY AMATEUR						
1	Swann Steven	24	Australia	92,5	87+	172		1
		SNATCH 12' CATEGORY MASTER 50-59						
1	Perry Nick	24	Australia	98,7	87+	202		1
2	Parslow Peter	24	Australia	93,2	87+	77		2
30 minute		SNATCH 30' CATEGORY AMATEUR						
1	Leighton Angus	24	Australia	83,4	87	390		1
		SNATCH 30' CATEGORY MASTER 50-59						
1	Kidd Miskad	24	Australia	80,7	87	322		1

BIATHLON 10' MALE - kettlebell weight 32kg (time limit 10')

N.	Surname - Name	Kettlebells	Team	weight athlete (kg)	weight category	Reps	Score	Ranking	Discipline	Reps
10 minute		CATEGORY ELITE							Jerk	25
1	Pigdon Shannon	32	Australia	77,3	80	58	58	1	Snatch	67



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LONG CYCLE FEMALE - kettlebell weight 16-8kg (time limit 10',30' & 60')

N.	Surname - Name	Kettlebells	Team	weight athlete (kg)	weight category	Reps	Score	Ranking
10 minute			TALC 10' CATEGORY MASTER 35-44					
1	Abbott Valerie	16+16	Australia	64,9	65	69		1
12+12			TALC 10' CATEGORY MASTER 55-64					
1	Lowther Kate	12+12	Australia	68,1	58	73		1
8+8			TALC 10' CATEGORY MASTER 65+					
1	Norbury Diane	8+8	Australia	61,4	65	114		1
10 minute			OALC 10' CATEGORY AMATEUR					
1	Young Lauren	16	Australia	61,6	65	113		1
16			OALC 10' CATEGORY MASTER 45-54					
1	Parker Joanne	16	Australia	69,6	65+	58		1
12			OALC 10' CATEGORY MASTER 55-64					
1	Nevill Shirlene	12	Australia	84,4	65+	113		1
30 minute			OALC 30' CATEGORY ELITE					
1	Whiting Beth	20	Australia	55,8	58	200		1
16			OALC 30' CATEGORY AMATEUR					
1	Eichorn Bree	16	Australia	78,6	65+	315		1
2	Swann Tara	16	Australia	65,8	65+	224		2
12			OALC 30' CATEGORY MASTER 55-65					
1	Nevill Shirlene	12	Australia	84,4	65+	304		1
60minute			OALC 60' CATEGORY AMATEUR					
1	Muir Jody	16	Australia	86	65+	631		1
12			OALC 60' CATEGORY MASTER 55-65					
1	Counsell Annette	12	Australia	61,7	65	595		1

SNATCH FEMALE - kettlebell weight 20-12kg - (time limit 10',12' & 30')

N.	Surname - Name	Kettlebells	Team	weight athlete (kg)	weight category	Reps	Score	Ranking
10 minute			SNATCH 10' CATEGORY MASTER 35-44					
1	Abbott Valerie	16	Australia	64,9	65	140		1
12 minute			SNATCH 12' CATEGORY AMATEUR					
1	Young Lauren	16	Australia	61,6	65	185		1
2	Swann Tara	16	Australia	65,8	65+	131		2
30 minute			SNATCH 30' CATEGORY ELITE					
1	Kidd Eilish	20	Australia	63,1	65	281		1
30 minute			SNATCH 30' CATEGORY AMATEUR					
1	Pelcova Lenka	16	Australia	67,3	65+	463		1
2	Long Kellie	16	Australia	67,7	65+	380		2
16			SNATCH 30' CATEGORY MASTER 45-54					
1	Long Kellie	16	Australia	67,7	65+	380		1
12			SNATCH 30' CATEGORY MASTER					
1	Lowther Kate	12	Australia	68,1	65+	408		1

OAJERK FEMALE - kettlebell weight 16kg - (time limit 30')

N.	Surname - Name	Kettlebells	Team	weight athlete (kg)	weight category	Reps	Score	Ranking
30 minute			OAJERK 30' CATEGORY AMATEUR					
1	Young Lauren	16	Australia	61,6	65	392		1
2	Bezuidenhout Monica	16	Australia	95,5	65+	387		2

BIATHLON 10' FEMALE - kettlebell weight 16-12kg (time limit 10')

N.	Surname - Name	Kettlebells	Team	weight athlete (kg)	weight category	Reps	Score	Ranking	Discipline	Reps	
10 minute			CATEGORY AMATEUR								
1	Chater Hope	16	Australia	73,8	75	164	164	1	Jerk	90	
									Snatch	149	
			CATEGORY MASTER 35-44								
1	Whiting Beth	16	Australia	55,8	58	139,5	139,5	1	Jerk	78	
									Snatch	123	
			CATEGORY MASTER 55-65								
1	Counsell Annette	12	Australia	61,7	65	157,5	157,5	1	Jerk	90	
									Snatch	149	