



WORLD RECORDS MASTER – 30' LONG CYCLE WOMEN

| Long Cycle 30' Master Women | | | | | |
|--|------------------|-----------------|-----------------|-----------------|--------------------|
| Weight Category | Surname/Name | birth date | Country | Result | Where he performed |
| Master Women 35-44 years - kettlebells 16kg | | | | | |
| 58 kg | Haylee Redfern | 1982 | Australia | 387 | WC 2024 |
| 65 kg | Mearns Vikki | 1981 | Scotland | 411 | WC 2023 |
| >65kg | Agata Sikora | 1986 | Poland | 412 | EC 2024 |
| Master Women 45-54 years - kettlebells 16kg | | | | | |
| 58 kg | <i>standard</i> | <i>standard</i> | <i>standard</i> | 340 | <i>standard</i> |
| 65 kg | Sjostrom Ellinor | 1971 | Sweden | 405 | EC 2021 |
| >65kg | Rella Cindy | 1972 | Australia | 424 | WC 2022 |
| Master Women 55-64 years - kettlebells 12kg | | | | | |
| 58 kg | <i>standard</i> | <i>standard</i> | <i>standard</i> | <i>standard</i> | <i>standard</i> |
| 65 kg | <i>standard</i> | <i>standard</i> | <i>standard</i> | <i>standard</i> | <i>standard</i> |
| >65kg | Yerkes Tina | 1963 | USA | 372 | WC 2023 |
| Master Women +65 years - kettlebells 8kg | | | | | |
| 58 kg | <i>standard</i> | <i>standard</i> | <i>standard</i> | <i>standard</i> | <i>standard</i> |
| 65 kg | <i>standard</i> | <i>standard</i> | <i>standard</i> | <i>standard</i> | <i>standard</i> |
| >65kg | <i>standard</i> | <i>standard</i> | <i>standard</i> | <i>standard</i> | <i>standard</i> |

- Master Women categories 35-44/45-54 (16 kg. Kettlebell) the record is registered only if the number of reps exceed the value required for qualification to CMS
- Master Women categories 55-64 (12 kg. Kettlebell) and +65 (8 kg.kettlebell) the record is registered according to the best result

Valid Competitions: World Championship, Continental Championship