



## WORLD RECORDS MASTER - 10' - OALC WOMEN

One Arm Long Cycle Master Women					
Weight Category	Surname/Name	birth date	Country	Result	Where he performed
<b>Master Women 35-44 years - kettlebells 16kg</b>					
52 kg	Gonzalez Rosa	1982	Spain	125	WC 2022
58 kg	Their Roberta	1982	Brazil	132	WC 2022
65 kg	Wioletta Szerszen	1986	Poland	140	WC 2024
75 kg	Buckley Tanya	1981	Ireland	142	WC 2019
>75kg	Schneider Cheryl	1984	Australia	144	WC 2024
<b>Master Women 45-54 years - kettlebells 16kg</b>					
52 kg	Przepiora Aneta	1975	Poland	118	WC 2023
58 kg	Kart Krisztina	1969	Hungary	132	WC 2023
65 kg	Lucyna Szarek	1976	Poland	137	WC 2024
75 kg	Herre Annacarin	1967	Sweden	156	EC 2021
>75kg	Jantti Sari	1970	Finland	145	WC 2024
<b>Master Women 55-64 years - kettlebells 12kg</b>					
52 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
58 kg	Kart Krisztina	1969	Hungary	147	WC 2024
65 kg	Hartmann Katherine	1964	USA	125	WC 2019
75 kg	King Neroli	1963	New Zealand	124	WC 2019
>75kg	Cherepakha-Volkova Lyubov	1964	Ukraine	140	WC 2023
<b>Master Women +65 years - kettlebells 8kg</b>					
52 kg	Wauquier Michele	1947	France	137	WC 2019
58 kg	Wojciechowska Lynn	1952	Scotland	140	WC 2023
65 kg	Sawdon June	1953	England	115	WC 2019
75 kg	Hutchinson Gail	1954	Canada	136	WC 2024
>75kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>

- Master Women categories 35-44/45-54 (16 kg. Kettlebell) the record is registered only if the number of reps exceed the value required for qualification to CMS
- Master Women categories 55-64 (12 kg. Kettlebell) and +65 (8 kg.kettlebell) the record is registered according to the best result

Valid Competitions: World Championship, Continental Championship