



WORLD RECORDS MASTER - 10' - LONG CYCLE MEN

Long Cycle Master Men					
Weight Category	Record holder	birth date	Country	Result	Where he performed
Master Men 40-49 years - kettlebells 24kg					
63 kg	standard	standard	standard	58	standard
68 kg	standard	standard	standard	65	standard
74 kg	Du Plessis Jaques	1977	Italy	93	WC 2019
80 kg	McIntyre Daniel	1971	USA	80	WC 2019
87 kg	Thier Christian	1975	Brazil	79	WC 2022
95 kg	Fabio Cappai	1975	Germany	84	WC 2022
>95kg	Jodlowski Andrzej	1978	Poland	116	WC 2021
Master Men 50-59 years - kettlebells 24kg					
63 kg	standard	standard	standard	58	standard
68 kg	standard	standard	standard	65	standard
74 kg	standard	standard	standard	68	standard
80 kg	Olhans Per	1961	Sweden	84	WC 2019
87 kg	Chernov Mikhail	1969	Russia	75	WC 2019
95 kg	Borghello Christian	1971	Italy	80	WC 2021
>95kg	standard	standard	standard	78	standard
Master Men 60-69 years - kettlebells 16kg					
63 kg	standard	standard	standard	standard	standard
68 kg	standard	standard	standard	standard	standard
74 kg	Virkus Eduard	1952	Estonia	66	EC 2021
80 kg	Hlyvyyi Vasyl	1961	Ukraine	91	EC 2022
87 kg	Olhans Per	1961	Sweden	132	EC 2021
95 kg	Bahrii Petro	1960	Ukraine	137	EC 2022
>95kg	standard	standard	standard	standard	standard
Master Men 70-74 years - kettlebells 16kg					
63 kg	standard	standard	standard	standard	standard
68 kg	standard	standard	standard	standard	standard
74 kg	Virkus Eduard	1952	Estonia	71	WC 2022
80 kg	standard	standard	standard	standard	standard
87 kg	standard	standard	standard	standard	standard
95 kg	standard	standard	standard	standard	standard
>95kg	standard	standard	standard	standard	standard
Master Men +75 years - kettlebells 12kg					
63 kg	standard	standard	standard	standard	standard
68 kg	standard	standard	standard	standard	standard
74 kg	standard	standard	standard	standard	standard
80 kg	standard	standard	standard	standard	standard
87 kg	standard	standard	standard	standard	standard
95 kg	standard	standard	standard	standard	standard
>95kg	standard	standard	standard	standard	standard

- Master Men categories 40-49/50-59 (24 kg. Kettlebell) the record is registered only if the number of reps exceed the value required for qualification to CMS
- Master Men categories 60-69/70-74 (16 kg. Kettlebell) and +75 (12 kg.kettlebell) the record is registered according to the best result

Valid Competitions: World Championship, Continental Championship