



## WORLD RECORDS MASTER – LONG CYCLE MEN

Long Cycle Master Men					
Weight Category	Surname/Name	birth date	Country	Result	Where he performed
<b>Master Men 40-49 years - kettlebells 24kg</b>					
63 kg					
68 kg					
74 kg	Du Plessis Jaques	1977	Italy	93	WC 2019
80 kg	McIntyre Daniel	1971	USA	80	WC 2019
87 kg					
95 kg	Balducci Roberto	1972	Italy	80	WC 2021
>95kg	Jodlowski Andrzej	1978	Poland	116	WC 2021
<b>Master Men 50-59 years - kettlebells 24kg</b>					
63 kg					
68 kg					
74 kg					
80 kg	Olhans Per	1961	Sweden	84	WC 2019
87 kg	Chernov Mikhail	1969	Russia	75	WC 2019
95 kg	Borghello Christian	1971	Italy	80	WC 2021
>95kg					
<b>Master Men 60-69 years - kettlebells 16kg</b>					
63 kg					
68 kg					
74 kg	Virkus Eduard	1952	Estonia	61	WC 2021
80 kg	Michalowski Andrzej	1954	Poland	87	WC 2019
87 kg	Hlyvyi Vasyl	1961	Ukraine	79	WC 2021
95 kg	Bahrii Petro	1960	Ukraine	132	WC 2021
>95kg					
<b>Master Men 70-74 years - kettlebells 16kg</b>					
63 kg					
68 kg					
74 kg					
80 kg					
87 kg					
95 kg					
>95kg					
<b>Master Men +75 years - kettlebells 12kg</b>					
63 kg					
68 kg					
74 kg					
80 kg					
87 kg					
95 kg					
>95kg					

- Master Men categories 40-49/50-59 (24 kg. Kettlebell) the record is registered only if the number of reps exceed the value required for qualification to CMS
- Master Men categories 60-69/70-74 (16 kg. Kettlebell) and +75 (12 kg.kettlebell) the record is registered according to the best result

Valid Competitions: World Championship, Continental Championship