



WORLD RECORDS ELITE WOMEN – 30 min.

Long Cycle 30' ELITE Women - kettlebell 20 kg.

Weight Category	Record holder	birth date	Country	Result	Where performed
58 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	360	<i>standard</i>
65 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	380	<i>standard</i>
+ 65 kg	Linnea Engblom	1996	Sweden	409	WC 2024

Jerk 30' ELITE Women - kettlebell 20 kg.

Weight Category	Record holder	birth date	Country	Result	Where performed
58 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	560	<i>standard</i>
65 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	590	<i>standard</i>
+ 65 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	620	<i>standard</i>

Snatch 30' ELITE Women - kettlebell 20 kg.

Weight Category	Record holder	birth date	Country	Result	Where performed
58 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	480	<i>standard</i>
65 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	530	<i>standard</i>
+ 65 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	580	<i>standard</i>