



## WORLD RECORDS ELITE MEN – 30 min.

### Long Cycle 30' ELITE Men - kettlebell 32 kg.

Weight Category	Record holder	birth date	Country	Result	Where performed
74 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>360</b>	<i>standard</i>
87 kg	<b>Ilika Oleh</b>	<b>1971</b>	<b>Italy</b>	<b>384</b>	<b>EC 2023</b>
>87kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>400</b>	<i>standard</i>

### Jerk 30' ELITE Men - kettlebell 32 kg.

Weight Category	Record holder	birth date	Country	Result	Where performed
74 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>560</b>	<i>standard</i>
87 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>590</b>	<i>standard</i>
>87kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>620</b>	<i>standard</i>

### Snatch 30' ELITE Men - kettlebell 32 kg.

Weight Category	Record holder	birth date	Country	Result	Where performed
74 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>450</b>	<i>standard</i>
87 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>480</b>	<i>standard</i>
>87kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>510</b>	<i>standard</i>