



Pr. N°018

Approved by the Executive Committee
of the WKSF on December 22, 2020
Milan, Italy



REGULATION NOTICE APPLICATION

Information letter for the **Open Cup Oceania 2021**

1. Goals and Objectives

The competitions shall be held for the following purposes:

- to further develop and promote Kettlebell Sport in the world, in the Continent America;
- to determine competitions winners;
- to strengthen and expand international cultural and sports relations.

2. Dates and Places of Competitions

Under Australia Health Care and Government guidelines, the competition must run via Online at 14.08.2021 (14th August). The WKSF OC Oceania 2021 will take place in online format.

DISCIPLINE:

MEN:

- LONG CYCLE ELITE 32KG
- LONG CYCLE AMATEUR 24KG
- LONG CYCLE MASTER 40-59 YEARS 24KG, 60-74 YEARS 16KG, +75 YEARS 12KG
- LONG CYCLE JUNIOR 19-22 YEARS 32KG (1999-2002)
- LONG CYCLE JUNIOR 16-18 YEARS 24KG (2003-2005)
- LONG CYCLE YOUTH 14-15 YEARS 16KG (2006-2007)



WOMEN:

- LONG CYCLE ELITE 24+24KG ABSOLUTE
- LONG CYCLE ELITE 20+20KG
- LONG CYCLE ELITE 24KG
- LONG CYCLE AMATEUR 16+16KG
- LONG CYCLE AMATEUR 16KG
- LONG CYCLE MASTER 35-54 YEARS 16KG, 55-64 YEARS 12KG, +65 YEARS 8KG (DOUBLE AND SINGLE KETTLEBELLS)
- LONG CYCLE JUNIOR 19-22 YEARS 20+20KG (1999-2002)
- LONG CYCLE JUNIOR 16-18 YEARS 16+16KG (2003-2005)
- LONG CYCLE YOUTH 14-15 YEARS 12+12KG (2006-2007)

MEN:

- BIATHLON ELITE 32KG
- BIATHLON AMATEUR 24KG
- SNATCH AMATEUR 24KG
- BIATHLON MASTER 40-59 YEARS 24KG, 60-74 YEARS 16KG, +75 YEARS 12KG
- BIATHLON JUNIOR 19-22 YEARS 32KG (1999-2002)
- BIATHLON JUNIOR 16-18 YEARS 24KG (2003-2005)
- BIATHLON YOUTH 14-15 YEARS 16KG (2006-2007)
- DISABLET 16KG ABSOLUTE

WOMEN:

- BIATHLON ELITE 20+20KG
- SNATCH ELITE 24KG
- BIATHLON AMATEUR 16+16KG
- SNATCH AMATEUR 16KG
- BIATHLON MASTER 35-54 YEARS 16KG, 55-64 YEARS 12KG, +65 YEARS 8KG
- SNATCH MASTER 35-54 YEARS 16KG, 55-64 YEARS 12KG, +65 YEARS 8KG
- BIATHLON JUNIOR 19-22 YEARS 20+20KG (1999-2002)
- BIATHLON JUNIOR 16-18 YEARS 16+16KG (2003-2005)
- BIATHLON JUNIOR 14-15 YEARS 12+12KG (2006-2007)
- DISABLET 8KG ABSOLUTE

MEN:

- LONG CYCLE 30' (ELITE 32KG, AMATEUR 24KG, JUNIOR 19-22 YEARS 32KG, JUNIOR 16-18 YEARS 24KG, YOUTH 14-15 YEARS 16KG, MASTER 40-49 YEARS 24KG, MASTER 50-59 YEARS 24KG, MASTER 60-69 YEARS 16KG, MASTER 70-74 YEARS 12KG, MASTER +75 YEARS 12KG)
- JERK 30' (ELITE 32KG, AMATEUR 24KG, JUNIOR 19-22 YEARS 32KG, JUNIOR 16-18 YEARS 24KG, YOUTH 14-15 YEARS 16KG, MASTER 40-49 YEARS 24KG, MASTER 50-59 YEARS 24KG, MASTER 60-69 YEARS 16KG, MASTER 70-74 YEARS 12KG, MASTER +75 YEARS 12KG)
- SNATCH 30' (ELITE 32KG, AMATEUR 24KG, JUNIOR 19-22 YEARS 32KG, JUNIOR 16-18 YEARS 24KG, YOUTH 14-15 YEARS 16KG, MASTER 40-49 YEARS 24KG, MASTER 50-59 YEARS 24KG, MASTER 60-69 YEARS 16KG, MASTER 70-74 YEARS 12KG, MASTER +75 YEARS 12KG)



WOMEN:

- LONG CYCLE 30' (ELITE 20KG, AMATEUR 16KG, JUNIOR 19-22 YEARS 20KG, JUNIOR 16-18 YEARS 16KG, YOUTH 14-15 YEARS 12KG, MASTER 35-44 YEARS 16KG, MASTER 45-54 YEARS 16KG, MASTER 55-64 YEARS 12KG, MASTER +65 YEARS 8KG)
- JERK 30' (ELITE 20KG, AMATEUR 16KG, JUNIOR 19-22 YEARS 20KG, JUNIOR 16-18 YEARS 16KG, YOUTH 14-15 YEARS 12KG, MASTER 35-44 YEARS 16KG, MASTER 45-54 YEARS 16KG, MASTER 55-64 YEARS 12KG, MASTER +65 YEARS 8KG)
- SNATCH 30' (ELITE 20KG, AMATEUR 16KG, JUNIOR 19-22 YEARS 20KG, JUNIOR 16-18 YEARS 16KG, YOUTH 14-15 YEARS 12KG, MASTER 35-44 YEARS 16KG, MASTER 45-54 YEARS 16KG, MASTER 55-64 YEARS 12KG, MASTER +65 YEARS 8KG)

WEIGHT CATEGORIES OF MEN FOR MARATHON **74KG , 87KG , +87KG**

WEIGHT CATEGORIES OF WOMEN FOR MARATHON **58KG , 65KG , +65KG**

The Rules for doing the Exercises are the same as in the classical ones, only a multiple hand change is allowed. Calculations of Winners among Men and Women in the group Elite and Amateur by Weight Categories.

Calculations of the Winners among Men and Women in the group Veterans (for the Every Age group), Junior 19-22 years, 16-18 years, 14-15 years according to the Coefficient.

3. Competitions Management

The general management of competitions organization and holding shall be performed by the WKSF Executive Committee and Continental Commission of Oceania.

The immediate competitions holding shall be assigned to the national and territorial federations for kettlebell lifting at the place of competitions, the Organizing Committee and the duly approved Main Jury.

The organizing committee of the following event must provide auxiliary staff to judges (Zoom application and all necessary to run it as virtual mode).

4. Competitions Participants

National teams and sportsmen from the countries cultivating kettlebell lifting shall be admitted to participation in the competitions. The list of team members shall be defined before weighing of competitors. The number of team members in each weight category of Elite, Amateurs , Masters, Junior 19-22 years, 14-15 years, 16-18 years, Disables have No Limite of participants.

Group: age groups and weights for each group

Weight category Men: 63kg, 68kg, 74kg, 80kg, 87kg, 95kg,+95kg

Weight category Women: 52kg, 58kg, 65kg, 75kg,+75kg

Weight category Your Men: 52kg, 62kg, 72kg, +72kg

Weight category Your Women: 48kg, 58kg, +58kg



Senior Men (SE):	23-34 years - kettlebells 32kg,24kg
Senior Women (SE):	23-34 years - kettlebells 24kg,20kg,16kg
Master Men (M):	40-49 years, 50-59 years - kettlebells 24kg 60-69 years, 70-74 years - kettlebells 16kg +75 years - kettlebells 12kg
Master Women (M):	35-44 years, 45-54 years - kettlebells 16kg 55-64 years - kettlebells 12kg +65 years - kettlebells 8kg
Juniors Men (U22):	19-22 years - kettlebells 32kg,24kg
Juniors Women (U22):	19-22 years - kettlebells 24kg,20kg
Juniors Men (U18):	16-18 years - kettlebells 24kg
Juniors Women (U18):	16-18 years - kettlebells 16kg
Youth Men (U15):	14-15 years - kettlebells 16kg
Youth Women (U15):	14-15 years - kettlebells 12kg
Disable Men (D):	Absolute - kettlebells 16kg
Disable Women (D):	Absolute - kettlebells 8kg
Students Men (ST):	Absolute - kettlebells 24kg
Students Women (ST):	Absolute - kettlebells 16kg

5. Competitions Rules

The competitions shall be held under the World Kettlebell Sport Federation Rules valid as of the competition date.

RANKING WKSF

As a virtual competition, the WKSF only accept CMS Rank recognition. Each athlete must record video, contact directly official country member and request the CMS Rank validation. The official member must send to WKSF (president.wksf@gmail) the video with 30€ payment fee.



6. Awarding

Competitions participants taking the 1st- 2nd- 3rd prizes:

- National Team Recognition 1-2-3 ranked in the overall standings with a trophy, diploma;
- Awarded 1-2-3 prizes in Relay race participants and teams with trophy, medal, diploma;
- Awarded 1-2-3 prizes in each discipline and weight category Elite with a trophy, medal, diploma;
- Awarded 1-2-3 prizes in each discipline and weight category Amateur with a medal, diploma;
- Awarded 1-2-3 prizes in each discipline and weight category Junior, Master, Disable with a medal, diploma.

7. Financing

Competitions participation costs (travel, meals, accommodation, initiation fee, accreditation) shall be incurred by the sending organizations.

Competitions organization and holding costs (sports premises leasing, advertising, posters, award attributes – diplomas, medals, valuable prizes, judges consideration etc.) shall be incurred by the competitions organizers, concerned organizations, and sponsors, the costs shall also be covered at the expense of the WKSF contributions from initiation fees on a share basis. World Championships and Championships or Continental Cups organizes a unique WKSF organ.

Costs from competitions that match €70 in Open Cup Oceania go (€40 per organizing committee and €30 to WKSF).

The initiation fee shall amount to:

OPEN CUP OCEANIA 2021 (Brisbane, Australia) – men and women, senior, juniors, veterans, disable - €70 from each participant .

8. Judges and Records

Judges will be at each event, All lifts will be required to be recorded for authentication of Rank & Records. Emailed to Info@girevoysportaustralia.org within 7 days of the event for verification.

Flight Schedule will be released 24hrs prior to lifting, each Hub will lift simultaneously linked via Zoom meeting and the event will also be LIVE streamed to the Girevoy Sport Australia Facebook Page and shared by WKSF social media. Each Hub requires a judge, an electronic timer, and the ability to stream the lift simultaneously with WKSF guidelines.



The athlete must use a digital scale to Body Weigh In and also use a digital scale for Kettlebells Weigh In and be confirmed by judge.

The event will be run by the head of GSAA who will manage the time, and the co-ordination of each lifter at each hub.

For enquiries:

Coordinator Commission Oceania, Cheryl Schneider – info@girevoysportaustralia.org

WKSF Secretary General - info.wksf@gmail.com

WKSF President - president.wksf@gmail.com

This notice is an official invitation to the competitions!

