



## WORLD RECORDS MASTER – 30' SNATCH WOMEN

Snatch 30' Master Women					
Weight Category	Surname/Name	birth date	Country	Result	Where he performed
<b>Master Women 35-44 years - kettlebells 16kg</b>					
<b>58 kg</b>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>480</b>	<i>standard</i>
<b>65 kg</b>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>500</b>	<i>standard</i>
<b>&gt;65kg</b>	<b>Dougal Caroline</b>	<b>1981</b>	<b>Scotland</b>	<b>580</b>	<b>WC 2023</b>
<b>Master Women 45-54 years - kettlebells 16kg</b>					
<b>58 kg</b>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>480</b>	<i>standard</i>
<b>65 kg</b>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>500</b>	<i>standard</i>
<b>&gt;65kg</b>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>520</b>	<i>standard</i>
<b>Master Women 55-64 years - kettlebells 12kg</b>					
<b>58 kg</b>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
<b>65 kg</b>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
<b>&gt;65kg</b>	<b>Wheat Pamela</b>	<b>1966</b>	<b>Canada</b>	<b>595</b>	<b>WC 2023</b>
<b>Master Women +65 years - kettlebells 8kg</b>					
<b>58 kg</b>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
<b>65 kg</b>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
<b>&gt;65kg</b>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>

- Master Women categories 35-44/45-54 (16 kg. Kettlebell) the record is registered only if the number of reps exceed the value required for qualification to CMS
- Master Women categories 55-64 (12 kg. Kettlebell) and +65 (8 kg.kettlebell) the record is registered according to the best result

Valid Competitions: World Championship, Continental Championship