



WORLD RECORDS MASTER - 10' - OALC WOMEN

One Arms Long Cycle Master Women					
Weight Category	Surname/Name	birth date	Country	Result	Where he performed
Master Women 35-44 years - kettlebells 16kg					
52 kg	Gonzalez Rosa	1982	Spain	125	WC 2022
58 kg	Their Roberta	1982	Brazil	132	WC 2022
65 kg	Magdalena Lach	1980	Poland	134	WC 2023
75 kg	Buckley Tanya	1981	Ireland	142	WC 2019
>75kg	Schneider Cheryl	1984	Australia	134	WC 2023
Master Women 45-54 years - kettlebells 16kg					
52 kg	Przepiora Aneta	1975	Poland	118	WC 2023
58 kg	Kart Krisztina	1969	Hungary	132	WC 2023
65 kg	Ewan Carolyn	1975	Scotland	130	WC 2023
75 kg	Herre Annacarin	1967	Sweden	156	EC 2021
>75kg	Anna Gasiorowska	1970	Poland	125	EC 2022
Master Women 55-64 years - kettlebells 12kg					
52 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
58 kg	Derevenko Uliana	1964	Ukraine	134	EC 2019
65 kg	Hartmann Katherine	1964	USA	125	WC 2019
75 kg	King Neroli	1963	New Zealand	124	WC 2019
>75kg	Cherepakha-Volkova Lyubov	1964	Ukraine	140	WC 2023
Master Women +65 years - kettlebells 8kg					
52 kg	Wauquier Michele	1947	France	137	WC 2019
58 kg	Wojciechowska Lynn	1952	Scotland	140	WC 2023
65 kg	Sawdon June	1953	England	115	WC 2019
75 kg	Oswald Kathleen	1946	Scotland	126	WC 2019
>75kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>

- Master Women categories 35-44/45-54 (16 kg. Kettlebell) the record is registered only if the number of reps exceed the value required for qualification to CMS
- Master Women categories 55-64 (12 kg. Kettlebell) and +65 (8 kg.kettlebell) the record is registered according to the best result

Valid Competitions: World Championship, Continental Championship