



## WORLD RECORDS MASTER - 10' - LONG CYCLE MEN

Long Cycle Master Men					
Weight Category	Record holder	birth date	Country	Result	Where he performed
<b>Master Men 40-49 years - kettlebells 24kg</b>					
63 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>58</b>	<i>standard</i>
68 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>65</b>	<i>standard</i>
74 kg	<b>Du Plessis Jaques</b>	<b>1977</b>	<b>Italy</b>	<b>93</b>	<b>WC 2019</b>
80 kg	<b>McIntyre Daniel</b>	<b>1971</b>	<b>USA</b>	<b>80</b>	<b>WC 2019</b>
87 kg	<b>Thier Christian</b>	<b>1975</b>	<b>Brazil</b>	<b>79</b>	<b>WC 2022</b>
95 kg	<b>Fabio Cappai</b>	<b>1975</b>	<b>Germany</b>	<b>84</b>	<b>WC 2022</b>
>95kg	<b>Jodlowski Andrzej</b>	<b>1978</b>	<b>Poland</b>	<b>116</b>	<b>WC 2021</b>
<b>Master Men 50-59 years - kettlebells 24kg</b>					
63 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>58</b>	<i>standard</i>
68 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>65</b>	<i>standard</i>
74 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>68</b>	<i>standard</i>
80 kg	<b>Kieran O'Sullivan</b>	<b>1967</b>	<b>Ireland</b>	<b>92</b>	<b>WC 2022</b>
87 kg	<b>Chernov Mikhail</b>	<b>1969</b>	<b>Sweden</b>	<b>75</b>	<b>WC 2019</b>
95 kg	<b>Borghello Christian</b>	<b>1971</b>	<b>Italy</b>	<b>80</b>	<b>WC 2021</b>
>95kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<b>78</b>	<i>standard</i>
<b>Master Men 60-69 years - kettlebells 16kg</b>					
63 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
68 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
74 kg	<b>Virkus Eduard</b>	<b>1952</b>	<b>Estonia</b>	<b>66</b>	<b>EC 2021</b>
80 kg	<b>Hlyvyi Vasyl</b>	<b>1961</b>	<b>Ukraine</b>	<b>91</b>	<b>EC 2022</b>
87 kg	<b>Olhans Per</b>	<b>1961</b>	<b>Sweden</b>	<b>132</b>	<b>EC 2021</b>
95 kg	<b>Bahrii Petro</b>	<b>1960</b>	<b>Ukraine</b>	<b>137</b>	<b>EC 2022</b>
>95kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
<b>Master Men 70-74 years - kettlebells 16kg</b>					
63 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
68 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
74 kg	<b>Virkus Eduard</b>	<b>1952</b>	<b>Estonia</b>	<b>71</b>	<b>WC 2022</b>
80 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
87 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
95 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
>95kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
<b>Master Men +75 years - kettlebells 12kg</b>					
63 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
68 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
74 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
80 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
87 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
95 kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>
>95kg	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>	<i>standard</i>

- Master Men categories 40-49/50-59 (24 kg. Kettlebell) the record is registered only if the number of reps exceed the value required for qualification to CMS

- Master Men categories 60-69/70-74 (16 kg. Kettlebell) and +75 (12 kg.kettlebell) the record is registered according to the best result

Valid Competitions: World Championship, Continental Championship