

DISABLED ATHLETES

All athletes must bring (on registration) and an official governmental documentation of permanent disability.
(A disability is a permanent condition, not na injury)

CATEGORY STANDING UP (ST)

This category is a category to athletes that can be in a vertical position with one or both legs. The disability can be in 5 different forms splitted in 3:

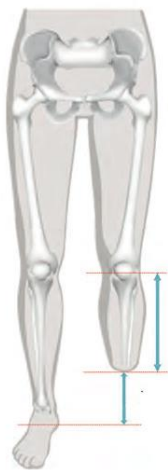
- a) Lower limbs disability (3 different categories)
- b) Upper limb disability
- c) Blindness

ST (L1/L2 or L3)

STL1(LEG) it's a category to:

- 1) Below Knees Transtibial Amputation
- 2) Congenital Disability of Lower Limbs

1) TRANSTIBIAL AMPUTATION



With Protheses:

Snatch / Double Jerk

Male: 16kg

Female: 8kg

2) CONGENITAL DISABILITY

Lower limbs transtibial knees disability:

With knee mobility

Snatch / Double Jerk

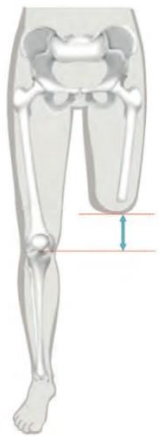
Male: 16kg / Female: 8kg



STL2(LEG) it's a category to:

- 1) Above Knees Transfemoral Amputation
- 2) Congenital Disability of Lower Limbs

1) TRANSFEMORAL AMPUTATION



With Prosthesis:

Snatch / One Arm Jerk

Male: 16kg

Female: 8kg

2) CONGENITAL DISABILITY



Lower limbs transfemoral disability

Without knee
mobility

STL3(LEG) it's a category to:

- 1) Above BOTH Transfemoral Amputation
- 2) Congenital Disability of BOTH Transfemoral Lower Limbs

1) BOTH TRANSTIBIAL AMPUTATION

With Prothesis and knees movement:

Snatch / Double Jerk

Male: 16kg / Female: 8kg



2) BOTH TRANSTIBIAL DISABILITY

Both lower limbs transtibial disability:

With knee mobility

Snatch / Double Jerk

Male: 16kg / Female: 8kg



STA1(ARM) it's a category to:

1. People that underwent/ have had an amputation of one upper extremity (above or under the elbow).
2. People with congenital lack of one above-mentioned art or with serious congenital malformations.
3. People that present a motor deficit of only one secondary limb due to muscular dystrophy or myopathy, neurologic deficit associated with the lost of motor capacity, etc. (no category is considered for amputation, paralysis or further serious moving deficit of both upper limbs).

1) ARM AMPUTATION



2) CONGENITAL MALFUNCTION



3) UPPER LIMB MALFUNCTION OR DISTROPHY



Arm amputation or congenital disability:

Snatch / One Arm Jerk

Male: 16kg / Female: 8kg

STVI it's a category to:

1. VISUAL IMPAIRMENTS

All categories for visual impairments:

Snatch / Double Jerk / Double Long Cycle

Male: 16kg / Female: 8kg



CATEGORY SITTING (SI)

This category is a category to athletes that have a lower limbs disability needing a wheelchair or another kind of mobility. The disability can be in 3 different forms:

SI1 - Lower limbs disability with sitting mobility to balance the upper body

SI2 - Lower limbs disability without a sitting mobility to balance the upper body

SI3 - Lower and Upper limbs disability

SI1 - LOWER LIMBS DISABILITY (balance mobility)

Good functional sitting balance in a wheelchair / bench:

Double Press / Double Long Cycle (Press)

Male: 16kg / Female: 8kg



SI2 - LOWER AND UPPER LIMBS DISABILITY (NO BALANCE MOBILITY)

No functional sitting balance in a wheelchair / bench:

One Arm Press

Male: 16kg / Female: 8kg



SI3 - LOWER AND UPPER LIMBS DISABILITY (HEMAPLEGIC)

Disability caused by mechanical or neurological nature sitted in a wheelchair / bench:

One Arm Press

Male: 16kg / Female: 8kg



INTELLECTUAL IMPAIRMENT (II)

This category is a category to athletes that have na intellectual impairment (mental disability)

Mental disability:

One Arm Jerk (valid One Arm Push Press)

Male: 16kg / Female: 8kg



LES AUTRE (LA)

This category is a category to athletes that a impairment different from all others. As example:

- a) Knees or Hips Prothesis
- b) Dwarfims
- c) Sclerosis/ Arthosis.....



Category includes people with motor difficulties of mechanic or neurologic nature:

Snatch / Double Jerk / Double Long Cycle

Male: 16kg / Female: 8kg

Practical example of a category:

ST/L1/S

Standing (ST)

Category L1

Class S-Snatch (exercise/specialty)

Please, find all Disable Regulations [here](#)

For any additional information, please contact:

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