



WORLD RECORDS MASTER – OALC WOMEN

One Arms Long Cycle Master Women					
Weight Category	Surname/Name	birth date	Country	Result	Where performed
Master Women 35-44 years - kettlebells 16kg					
52 kg	Gonzalez Rosa	1982	Spain	105	WC 2019
58 kg					
65 kg					
75 kg	Buckley Tanya	1981	Ireland	142	WC 2019
>75kg					
Master Women 45-54 years - kettlebells 16kg					
52 kg					
58 kg	Forbes Carol	1972	Scotland	112	WC 2019
65 kg					
75 kg					
>75kg					
Master Women 55-64 years - kettlebells 12kg					
52 kg					
58 kg	Derevenko Uliana	1964	Ukraine	134	EC 2019
65 kg	Hartmann Katherine	1964	USA	125	WC 2019
75 kg	King Neroli	1963	New Zealand	124	WC 2019
>75kg	Irvine-Jones Celeste	1957	Canada	117	WC 2019
Master Women +65 years - kettlebells 8kg					
52 kg	Wauquier Michele	1947	France	137	WC 2019
58 kg					
65 kg	Sawdon June	1953	England	115	WC 2019
75 kg	Oswald Kathleen	1946	Scotland	126	WC 2019
>75kg					

- Master Women categories 35-44/45-54 (16 kg. Kettlebell) the record is registered only if the number of reps exceed the value required for qualification to CMS
- Master Women categories 55-64 (12 kg. Kettlebell) and +65 (8 kg.kettlebell) the record is registered according to the best result

Valid Competitions: World Championship, Continental Championship