

QUALIFICATION MSEC | MS | CMS

LONG CYCLE 30' - WOMEN										
weight cat.	MSEC	MS	CMS	1	2	3	CMS	1	2	3
58	360	310	240	200	180	150	340	320	290	230
65	380	330	260	220	190	160	360	340	310	250
over 65	400	350	280	240	200	170	380	360	330	270

JERK 30' - WOMEN										
weight cat.	MSEC	MS	CMS	1	2	3	CMS	1	2	3
58	560	510	440	390	360	330	550	510	390	310
65	590	530	460	410	370	340	570	530	410	330
over 65	620	550	480	430	380	350	590	550	430	350

SNATCH 30' - WOMEN										
weight cat.	MSEC	MS	CMS	1	2	3	CMS	1	2	3
58	480	430	350	300	250	190	480	420	360	300
65	530	450	370	320	270	210	500	440	380	320
over 65	580	490	390	340	290	230	520	460	400	350

LONG CYCLE 60' - WOMEN										
weight cat.	MSEC	MS	CMS	1	2	3	CMS	1	2	3
58	580	510	460	400	360	280	540	520	490	460
65	630	560	500	420	380	300	560	540	510	480
over 65	690	600	540	440	400	320	580	560	530	500

JERK 60' - WOMEN										
weight cat.	MSEC	MS	CMS	1	2	3	CMS	1	2	3
58	820	730	630	540	480	410	720	690	610	560
65	880	780	670	580	510	430	750	710	630	580
over 65	940	830	730	620	540	450	780	730	650	600

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WKSF offers!

Qualification MSEC, MS, CMS. Qualification is to be passed only in races on the calendar WKSF (world and continental championships).

The CMS is reached in National and International Championships, the MS and MSEC only in World Championships, Europeans, Continental Cups.

Instructions:

- To apply for a qualification
- To name surname, date of birth, qualification, type of competition, result, passport max 1MB.
- Payment 30 € (Paypal president.wksf@gmail.com or bank transfer payable to WKSF).
- WKSF gives an athlete Card, pin, certificate, report on the WKSF website.

