QUALIFICATION MSEC ! MS ! CMS

	LONG CYCLE 30' - MEN												
weight cat.	MSEC	MS	CMS	1	2	3	CMS	1	2	3			
74	360	310	240	200	180	150	340	320	290	230			
87	380	330	260	220	190	160	360	340	310	250			
over 87	400	350	280	240	200	170	380	360	330	270			

JERK 30' - MEN												
weight cat.	MSEC	MS	CMS	1	2	3	CMS	1	2	3		
74	560	510	440	390	360	330	550	510	390	310		
87	590	530	460	410	370	340	570	530	410	330		
over 87	620	550	480	430	380	350	590	550	430	350		

SNATCH 30' - MEN												
weight cat.	MSEC	MS	CMS	1	2	3	CMS	1	2	3		
74	450	400	350	300	250	190	480	420	360	300		
87	480	420	370	320	270	210	500	440	380	320		
over 87	510	440	390	340	290	230	520	460	400	350		

LONG CYCLE 60' - MEN											
weight cat.	MSEC	MS	CMS	1	2	3	CMS	1	2	3	
74	560	510	460	400	360	280	540	520	490	460	
87	610	560	500	420	380	300	560	540	510	480	
over 87	660	600	540	440	400	320	580	560	530	500	

	JERK 60' - MEN												
weight cat.	MSEC	MS	CMS	1	2	3	CMS	1	2	3			
74	790	710	630	540	480	410	720	690	610	560			
87	860	750	670	580	510	430	750	710	630	580			
over 87	930	790	730	620	540	450	780	730	650	600			

QUALIFICATION MSEC ! MS ! CMS

WKSF offers!

Qualification MSEC, MS, CMS. Qualification is to be passed only in races on the calendar WKSF (world and continental championships).

The CMS is reached in National and International Championships, the MS and MSEC only in World Championships, Europeans, Continental Cups.

Instructions:

- To apply for a qualification
- To name surname, date of birth, qualification, type of competition, result, passport max 1MB.
- Payment 30 € (Paypal president.wksf@gmail.com or bank transfer payable to WKSF).
- WKSF gives an athlete Card, pin, certificate, report on the WKSF website.







